



Distance	68.592 km	Total Ascent/Descent	406 m / 405 m
Lowest Point	6 m (at 64.44 km)	Highest Point	139 m (at 26.26 km)
Uphill	23.40 km (34.1%)	Downhill	23.40 km (34.1%)
Flat	21.78 km (31.8%)	Height Gain	133 m
Steepest Uphill	+6.7% (at 16.02 km)	Steepest Downhill	-6.7% (at 29.70 km)
Longest Uphill	2.52 km (at 14.04 km)	Longest Downhill	2.34 km (at 56.77 km)

